

**To chair this meeting you must have 6 months sobriety**

**Potsdam Noon Group “Nooners”**

**Open Meeting**

**WELCOME to the XXX Day** Open Meeting of Alcoholics Anonymous. My name is \_\_\_\_\_ and I am an alcoholic.

**At this time**, for respect of the fellowship and this meeting **PLEASE** silence your cell phone. Thank you.

**May we have a moment of silence followed by the Serenity Prayer?**

**The A.A. PREAMBLE** – Alcoholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

**THIS IS AN OPEN MEETING OF Alcoholics Anonymous.** We are glad you are all here, especially newcomers. In keeping with our singleness of purpose and our Third Tradition which states that “The only requirement for A.A. membership is a desire to stop drinking,” we ask that all who participate confine their discussion to their problems as they relate to alcoholism.

**ARE THERE ANY NEWCOMERS to A.A.** or visitors that would like to introduce yourselves at this time?

**FELLOWSHIP AND SHARING OUR EXPERIENCE, STRENGTH AND HOPE ARE IMPORTANT PARTS OF RECOVERY.** Please see the chairperson or a group member after the meeting if you would like to join The Potsdam “Nooners” or for **SIGN UP SHEETS** regarding coffee commitments. As always, we greatly appreciate volunteers to help us clean up after the meeting.

At this meeting we like to begin by reading a portion of Chapter 5, **How it Works**, from the Big Book of Alcoholics Anonymous that contains the **Twelve Steps** to recovery, followed by the **Twelve Traditions**.

Please keep in mind we need to close the meeting at 1 pm. Please try to be mindful of the time and the # of people at the meeting when sharing. Also please no crosstalk. Typically “cross talk” refers to people speaking out of turn, interrupting someone while they are speaking or giving direct advice to someone in a meeting. There is a custom in many areas to speak only from one’s own experience and to avoid giving direct advice or lecturing a group or individual. District 33 4-11

**Are there any ANNOUNCEMENTS?**

**ANONYMITY LIKE OUR SOBRIETY** is a treasured possession. Who you see here, what you hear here, let it stay here in the walls of A.A.

On Tuesdays, a friend will read the guided meditation.

**CHAIR PERSON BRIEFLY Qualifies and** starts the meeting.

If you don't have the relevant reading, perhaps read the Daily Reflection, ask for a topic, or talk about one of the 12 steps or traditions.

(Please, keep in mind new comers and be flexible with the meeting, as we can offer: Steps 123, OR Discussion of topic.)

**CLOSE MEETING WITH – Reading of the PROMISES or VISION FOR YOU (on Tuesday)**

**RESPONSIBILITY DECLARATION FOLLOWED SERENITY PRAY  
PLURAL FORM STANDING FOR THOSE WHO WISH.**

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**Potsdam Noon Group “Nooners”**

**“The Big Book”/ Open Discussion Wednesday Meeting**

**WELCOME TO THE ...**Wednesday Big Book Meeting of Alcoholics Anonymous. My name is \_\_\_\_\_ and I am an alcoholic.

**At this time**, for respect of the fellowship and this meeting **PLEASE** silence your cell phone. Thank you.

**May we have a moment of silence followed by the Serenity Prayer?**

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At this meeting we like to begin by reading a portion of Chapter 5, **How it Works**, from the Big Book of Alcoholics Anonymous that contains the **Twelve Steps** to recovery, followed by the **Twelve Traditions**.

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**CHAIR PERSON BRIEFLY Qualifies (Please keep it brief).**

Start the meeting with reading from “The Big Book”.

**(Keep in mind new comers and be flexible with the meeting, as we can offer: Steps 123, OR Discussion of topic.)**

**Pass the 7<sup>th</sup> Tradition Basket NOW as every A.A. group ought to be fully self-supporting declining outside contributions.**

**CLOSE MEETING WITH – Reading of the PROMISES.**

**To further close the meeting we will state the RESPONSIBILITY DECLARATION FOLLOWED BY THE SERENITY PRAYER PLURAL VERSION STANDING FOR THOSE WHO WISH.**

**(CHAIRPERSON, PLEASE RECORD 7<sup>TH</sup> TRADITION AMOUNT AND DATE ON LEDGER SHEET AND ENVELOPE)**

**To chair this meeting you must have 6 months sobriety**

**Potsdam Noon Group “Nooners”**

## **“Daily Reflections”/ Open Discussion Thursday Meeting**

**WELCOME TO THE ...**Thursday “Daily Reflectionst” open discussion Meeting of Alcoholics Anonymous. My name is \_\_\_\_\_ and I am an alcoholic.

**At this time**, for respect of the fellowship and this meeting **PLEASE** silence your cell phone. Thank you.

**May we have a moment of silence followed by the Serenity Prayer?**

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At this meeting we like to begin by reading a portion of Chapter 5, **How it Works**, from the Big Book of Alcoholics Anonymous that contains the **Twelve Steps** to recovery, followed by the **Twelve Traditions**.

**Please keep in mind we need to close the meeting at 1 pm. Please try to be mindful of the time and the # of people at the meeting when sharing. Please no crosstalk.** Typically “cross talk” refers to people speaking out of turn, interrupting someone while they are speaking or giving direct advice to someone in a meeting

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**CHAIR PERSON BRIEFLY Qualifies (Please keep it brief).**

Start the meeting with reading from “Daily Reflections”.

**(Keep in mind new comers and be flexible with the meeting, as we can offer: Steps 123, OR Discussion of topic.)**

**Pass the 7<sup>th</sup> Tradition Basket NOW as every A.A. group ought to be fully self-supporting declining outside contributions.**

**CLOSE MEETING WITH – Reading of the PROMISES.**

**To further close the meeting we will state the RESPONSIBILITY DECLARATION FOLLOWED BY THE SERENITY PRAYER PLURAL VERSION STANDING FOR THOSE WHO WISH.**

**\*\*\*(CHAIRPERSON, PLEASE RECORD 7<sup>TH</sup> TRADITION AMOUNT AND DATE ON LEDGER SHEET AND ENVELOPE)\*\*\***

**To chair this meeting you must have 6 months sobriety**

**Potsdam Noon Group “Nooners”**

**Open Topic Discussion Friday Meeting**

**WELCOME TO THE ...Friday Open Topic discussion Meeting of Alcoholics Anonymous.** My name is \_\_\_\_\_ and I am an alcoholic.

**At this time,** for respect of the fellowship and this meeting **PLEASE** silence your cell phone. Thank you.

**May we have a moment of silence followed by the Serenity Prayer?**

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At this meeting we like to begin by reading a portion of Chapter 5, **How it Works**, from the Big Book of Alcoholics Anonymous that contains the **Twelve Steps** to recovery, followed by the **Twelve Traditions**.

Please keep in mind we need to close the meeting at 1 pm. Please try to be mindful of the time and the # of people at the meeting when sharing. Please no crosstalk. Typically “cross talk” refers to people speaking out of turn, interrupting someone while they are speaking or giving direct advice to someone in a meeting. There is a custom in many areas to speak only from one’s own experience and to avoid giving direct advice on lecturing a group or individual. District 33 4-11

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**CHAIR PERSON BRIEFLY Qualifies . Before qualifying chair can say  
“While I am qualifying, you may want to think about a topic Keep in mind  
new comers and be flexible with the meeting, as we can offer: Steps 123,  
Pass the 7<sup>th</sup> Tradition Basket NOW as every A.A. group ought to be fully self-  
supporting declining outside contributions.**

**CLOSE MEETING WITH – Reading of the PROMISES.**

**To further close the meeting we will state the RESPONSIBILITY  
DECLARATION FOLLOWED BY THE SERENITY PRAYER PLURAL  
VERSION STANDING FOR THOSE WHO WISH.**

**\*\*\*(CHAIRPERSON, PLEASE RECORD 7<sup>TH</sup> TRADITION AMOUNT AND  
DATE ON LEDGER SHEET AND ENVELOPE)\*\*\***

**To chair this meeting you must have 6 months sobriety**

**Potsdam Noon Group “Nooners”**

**“Living Sober” / Open Discussion Saturday Meeting**



**WELCOME TO THE ...Saturday “Living Sober” open discussion Meeting of Alcoholics Anonymous. My name is \_\_\_\_\_ and I am an alcoholic.**

**At this time**, for respect of the fellowship and this meeting **PLEASE** turn your cell phone off. Thank you.

**May we have a moment of silence followed by the Serenity Prayer?**

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At this meeting we like to begin by reading a portion of Chapter 5, **How it Works**, from the Big Book of Alcoholics Anonymous that contains the **Twelve Steps** to recovery, followed by the **Twelve Traditions**.

Please keep in mind we need to close the meeting at 1 pm. Please try to be mindful of the time and the # of people at the meeting when sharing. Please no crosstalk. Typically “cross talk” refers to people speaking out of turn, interrupting someone while they are speaking or giving direct advice to someone in a meeting. There is a custom in many areas to speak only from one’s own experience and to avoid giving direct advice on lecturing a group or individual. District 33 4-11

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**CHAIR PERSON BRIEFLY Qualifies** and starts the meeting with reading from “Living Sober”.

**(Keep in mind new comers and be flexible with the meeting, as we can offer: Steps 123, OR Discussion of topic.)**

**Pass the 7<sup>th</sup> Tradition Basket NOW** as every A.A. group ought to be fully self-supporting declining outside contributions.

**CLOSE MEETING WITH – Reading of the PROMISE.**

**To further close the meeting we will state the RESPONSIBILITY DECLARATION FOLLOWED BY THE SERENITY PRAYER PLURAL VERSION STANDING FOR THOSE WHO WISH.**

**(CHAIRPERSON, PLEASE RECORD 7<sup>TH</sup> TRADITION AMOUNT AND DATE ON LEDGER SHEET AND ENVELOPE)**

**To chair this meeting you must have 6 months sobriety**

**Potsdam Noon Group “Nooners”**

**11<sup>th</sup> STEP MEDITATION**

## **Tuesday Meeting**

**WELCOME TO THE ...**Tuesday 11<sup>th</sup> Step Meditation Meeting of Alcoholics Anonymous. My name is \_\_\_\_\_ and I am an alcoholic.

**AT THIS TIME ...**for respect of the fellowship and this meeting **PLEASE** silence your cell phone. Thank you.

**MAY WE HAVE A MOMENT OF SILENCE FOLLOWED BY THE SERENITY PRAYER.**

**THE AA PREAMBLE** – Alcoholics anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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At this meeting we like to begin by reading a portion of Chapter 5, **HOW IT WORKS** from the Big Book of Alcoholics Anonymous that contains the **TWELVE STEPS** to recovery & For group unity **The TWELVE TRADITIONS**

On Tuesdays we read **a portion of the 11<sup>th</sup> step** from the “Twelve Steps and Twelve Traditions”.

At this point, we will have a brief **guided meditation**, followed by a five minute silent meditation.

**CHAIR PERSON qualifies by stating “I am an alcoholic”**. Begin meeting by sharing on the 11<sup>th</sup> step. (How you use the 11<sup>th</sup> step in your daily life, what the 11<sup>th</sup> step means to you, or share some of your rewards of prayer and meditation).

**Pass the 7<sup>th</sup> Tradition Basket NOW** as every A.A. group ought to be fully self-supporting declining outside contributions.

**CLOSE MEETING WITH – Reading A Vision for You**

**To further close the meeting we will state the RESPONSIBILITY DECLARATION FOLLOWED BY THE SERENITY PRAYER PLURAL VERSION STANDING FOR THOSE WHO WISH.**

**(CHAIRPERSON, PLEASE RECORD 7<sup>TH</sup> TRADITION AMOUNT AND DATE ON LEDGER SHEET AND ENVELOPE)**